



# नाना पालकर स्मृती समिती

## NANA PALKAR SMRUTI SAMITI

वार्षिक कार्यवृत्तांत  
Annual Report  
2019-2020





## Doctor's Day

NPSS Celebrated Doctor's Day on July 7, 2019. On this occasion Dr. Sudeep Gupta, Dr. Suparna Nirgudkar and Dr. Abhijit Sonavane were felicitated. Shri Anirudh Deshpande, was the Chief Guest of the felicitated ceremony in the presence of Dr. Hema K., Shri Ravindra Karve, Shri Avinash Khare.



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## BORIVALI CENTRE



Health Check-up : Acharya Narendra Dev Vidyalay, Borivli



Mammography Camp



### Annual Day

- Shri. Avinash Khare (Secretary, NPSS)
- Shri. Satish Pai  
(Founder Member Shri Satguru Education & Welfare Trust)
- Shri. Balkrushna Bhagvat (Social Worker)
- Shri. Pramod Lele  
(Managing Advisor, Sushrusha Hospital, Mumbai)
- Shri. Nemjibhai Gangar  
(Managing Trustee, KVO Manav Kalyan Kendra.)
- Dr. Paresh Navalkar  
(Chairman, NPSS, Borivali Branch)
- Shri. Pravin Parab  
(Secretary, NPSS, Borivali Branch)

## THANE CENTRE



NPSS, Thane Branch provided medicines to the victims of Sangli flood. in presence of Smt. Bharati Vaidya, Chandrakant Angvilkar, and Shri Mahadik, Owner of Samarth Medical Stores, Thane

NPSS Thane Branch celebrated "Annual Day" function. in the presence of Dr. Bharti Amte, Dr. Suparna Nirgudkar, Dr. Ulka Natu and other Thane Branch members.



NPSS Thane Branch had organised "AROGYA JATRA" in joint co-operation with Arogya Rekha at Saraswati Mandir Krida Sankul, Thane. Left to right : Shri Prasad Natu, Smt. Vrunda Tilak, Smt. Vidya Joshi, Dr. Ulka Natu, Smt. Bharati Vaidya and MSW Students.





# Shwet Biotech Pvt. Ltd.

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## SHWET BIO-TECH PVT.LTD. SHWET DRYCON

POWDER OF CONCENTRATED HAEMODIALYSIS SOLUTION

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NON-STERILE

PART-I

(use with Part-II only)

Composition of this pack.

Ready to use concentration of  
electrolytes in haemodialysis solution.

Sodium Chloride	I.P.	8250.00 gms.	Na <sup>+</sup>	136.00 mmol/l
Potassium Chloride	I.P.	300.00 gms.	K <sup>+</sup>	2.20 mmol/l
Caicium Chloride	I.P.	405.00 gms.	Ca <sup>++</sup>	1.50 mmol/l
Magnesium Chloride	I.P.	185.00 gms.	Mg <sup>++</sup>	0.50 mmol/l
Citric Acid	I.P.	285.00 gms.	Citrat	0.80 mmol/l
			Cl	103.00 mmol/l
			HCO <sub>3</sub>	39.00 mmol/l

**DIRECTIONS FOR USE :-**

Dissolve contents of this pack in purified water to make 50 liters.

For external use only

Store at room temperature.

For use in dialysis machine only.

Dilution for haemodialysis

Part - I	Part - II	Purified Water
1	1.83	34V/V

Mfg. Lic. No. : KD / 743

Batch No. समूह क्रमांक :

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Net Wt. 9425 gms.

*Rajesh Shah*



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## About

### Our Motto is “Rugna Seva = Ishwar Seva”

**Nana Palkar Smruti Samiti** is dedicated and committed to offer medical help to impoverished patients suffering from serious illness. Functioning with humanist approach, NPSS extends all possible medical and other assistance to destitute patients in their medical treatments for last 52 years.

**Late Shri Narayan Hari Palkar** more popularly known as “**Nana Palkar**” was a dedicated "Pracharak" of the 'Rashtriya Swayamsevak Sangh' and a selfless illustrious social worker. Service to the people/community was his mission in life and till the end he was committed to this ideal. A gifted writer and a poet, he also had great compassion for the sick and the needy. All his life he strove to alleviate pain, suffering and worked selflessly and tirelessly to help the sick and needy. After his sad demise in March, 1967, the mission to help and provide all possible quality medical assistance to the poor and needy patients was duly taken over and continued by his colleagues, followers and dedicated social workers by founding “**Nana Palkar Smruti Samiti**”.

#### OUR VISION

*To achieve a high level of excellence in providing social and medical support to the poor and their families via a diversified portfolio of services across the entire cycle.*

#### OUR MISSION

- To provide a holistic Social and Medical support and treatment environment via a portfolio of services including:
- Accommodation for patients
- Food for patients and caretakers
- Medicines for treatment
- Treatment at concessional rates
- Ambulance services
- Financial support for the treatment of economically backward patients
- Training to social workers
- Bring awareness in the public to help the poor and needy
- To augment / strengthen our resources, assets, equipments and people to maximize the benefits that patients experience at our Centres.
- To physically, mentally and emotionally support patients and their relatives to throughout their treatment including financial support.
- To foster a culture of excellence in our operations to achieve the objectives of the NPSS (as defined in the Constitution of NPSS) through growth of the employee skills, empathy and knowledge as well as through robust partnerships with our vendors.
- To provide an environment of transparency, trust and ethics for our donors to help us have a measurable impact in the society that we live in .



## NANA PALKAR SMRUTI SAMITI

### MANAGING COMMITTEE MEMBERS

2019-2020

1	DR. HEMA KANNAN	VICE PRESIDENT
2	MR. RAVINDRA KARVE	WORKING PRESIDENT
3	MR. JANARDAN KADHE	TREASURER
4	MR. AVINASH KHARE	HON. SECRETARY
5	SMT. ALKA SAWARKAR	JT. SECRETARY
6	DR. JAYANT PATWARDHAN	TREASURER
7	MR. KIRAN KRALKAR	MEMBER
8	MR. BHALCHANDRA BOPARDIKAR	MEMBER
9	MR. NITIN DESHMUKH	MEMBER
10	MR. DILIP KETKAR	MEMBER
11	MR. SANTOSH RAJWADE	MEMBER
12	MR. VIVEK CHHATRE	MEMBER
13	SMT. BHARTI VAIDYA	MEMBER (CO-OPT.)

### INVITEE

- |                            |                         |
|----------------------------|-------------------------|
| 1. DR. AMARBAHADDUR THAKOR | 2. DR. ARUN HALANKAR    |
| 3. DR. PARAG DHARAP        | 4. MR. SHRINIWAS GHASIS |
| 5. MR. SUDHAKAR BHATODEKAR | 6. DR. PRASHANT AMONKAR |



## NANA PALKAR SMRUTI SAMITI

नाना पालकर स्मृती समिती का ५२ वा कार्यवृत्तांत (सन २०१९-२०) कार्यकारिणी की ओर से प्रस्तुत करते हुए हमें प्रसन्नता हो रही है ।

आप सभी जानते है की, इस वार्षिक वर्ष की अंतिम चरण में पुरे विश्व में कोविड-१९ महामारी की शुरुवात हुई । इसलिए इस साल यह वार्षिक अहवाल देरी से भेजा जा रहा है ।

दिवंगत नाना पालकर द्वारा शुरु की गई रुग्ण सेवा की यात्रा आकांक्षाओं की पूर्ति है । गत वर्ष 'स्व. नाना पालकरजी' का 'जन्म शताब्दी वर्ष' तथा 'नाना पालकर स्मृती समिती' का 'स्वर्ण जयंती वर्ष' मनाया गया । सन २०१९-२० वर्ष की शुरुवात दो नए परियोजनाओं को पूरा करने के उद्देश से की गयी । पहला, बोरीवली में नया डायलिसिस केंद्र तथा दुसरा कीमोथेरेपी केंद्र का निर्माण । मार्च २०२० के अंतिम सप्ताह में डायलिसिस केंद्र शुरु करने के लिए लगभग तैयार थे । दुर्भाग्य से, मार्च के अंतिम सप्ताह में शुरु हुई महामारी के अप्रत्यक्षित स्थिती के कारण हमें डायलिसिस केंद्र देरी से शुरु करना पड़ा । बृहन्मुंबईमहानगर पालिका से ऑक्जुपेंसी सर्टिफिकेट (OC) प्राप्त होते ही कीमोथेरेपी केंद्र का भी कार्य शुरु हो जायेगा ।

कोरोना-१९ महामारी के चलते पूरे देश में २३ मार्च २०२० से लॉकडाउन शुरु हुआ । इस लॉकडाउन की स्थिती में हम दोनों डायलिसिस केंद्र को कार्यान्वित रखने में कामयाब रहें । डायलिसिस केंद्र के साथ-साथ रुग्णों की निवास सेवा, भोजन, सुरक्षा, यात्रा तथा कर्मचारियों की चिकित्सा आवश्यकताओंकी अतिरिक्त लागत को अवशोषित करने में हम कामयाब रहे हैं । हमें रक्त परिक्षण प्रयोगशाला, दवाखाना, फल वितरण जैसी कुछ गतिविधियों/परियोजनाओं को अस्थायी रूप से बंद रखना पड़ा । धीरे-धीरे हमने एक-एक करके सभी गतिविधियोंको शुरु किया । इस पूरी अवधि के दौरान हमने सभी कर्मचारियों को समयपर पूरा वेतन दिया । साथही उनके और उनके परिवारका भी पूरा ध्यान रखा । हमारे पास लॉकडाउन स्थिती में बहुतही सिमीत व्यवस्थापक और लेखा कर्मचारी सदन में आने में सक्षम थे । सेवा और समर्पण की भावना के साथ समिती के कर्मचारी घरसे दूर रहकर अपने काम को जिम्मेदारीसे निभा रहे थे । कार्यकारिणी और सभी रुग्णों ने उनकी कड़ी मेहनत की सराहना की । हमारे रुग्णों को सेवाओं की निर्बाध सपुर्दगी हमारी सर्वोच्च प्राथमिकता है ।

आज भी इस भयानक संक्रामक महामारी में समिती ने रुग्ण सेवा का काम अखंड रूप से जारी रखा है । इस लॉकडाउन की समय में समिती गरीब और जरूरतमंद रुग्णों के लिए सेवा कार्य कर रही हैं । और उनके लिए बहुत मददगार रही हैं ।

हम ऐसे समय पर नए वित्तीय वर्ष में प्रवेश कर रहे हैं, जब सभी प्रमुख अर्थव्यवस्थाएं ठहराव की स्थिती में हैं । ऐसे में, आपसे निरंतर सहयोग की अपेक्षा हैं ।

धन्यवाद !



आपका,  
अविनाश खरे  
सचिव



# Milestone

## 1968 **Establishment of NPSS - March 1, 1968**

NPSS commenced its mission on March 1, 1968 with motto of rendering all possible medical services to the poor and needy patients of the Society. Initially, NPSS was doing role of facilitator; however over the period of time the ambit of the activity has expanded.

NPSS provides a “Home away from Home” to poor and ailing patients coming to Mumbai for medical treatment from all over India. Most often this is a bewildering and also a traumatic experience for them since most of them are very poor and coming for the first time to Mumbai. They do not have any friends or relatives in Mumbai to guide them. However, the NPSS helps them to overcome many problems / hurdles by providing free accommodation close to the major Government hospitals, by assisting them to get admission in the hospitals, to provide them orientation about the hospital and medical procedure. NPSS started providing shelter to the poor and needy patients in a small room near KEM hospital in 1968.

## 1973 **Registration**

NPSS is a Charitable Trust established in the year 1968 and subsequently registered under Public Charitable Trust Act, 1950 and Society Registration Act, 1960.

## 1990 **Borivali Centre – Commenced from June 17, 1990**

It started with activity of medical equipment lending service. Medical equipment like walkers, wheel chairs, waterbeds, bedpans etc. are hired out at nominal charges and on refundable deposits. The centre's activities include free medical check-ups for school children and their teachers, with that diagnostic camps are also held in slum areas in the vicinity of the centre. The centre arranges blood donation camp every year.

## 1997 **Rugna Seva Sadan - Commenced from April 13, 1997**

This day “the dream came true”. Mumbai Municipal Corporation allotted a plot where NPSS has constructed 7 storied building. The “Rugna Seva Sadan” was formally inaugurated at the hands of Shri Pandurang Shashtri Athavale in the presence of Sarsanghchalak, RSS Shri Rajendra Sinhalji. In the beginning, the number of patients was about fifteen on average but when all facilities were made available, the response increased to its full capacity of 50 patients with 100 attendants. A pleasant atmosphere too is a primary concern. An idol of 'Lord Ganesha' has been duly installed in the premises and saplings have been planted all around the vicinity in order to purify atmosphere.



## NANA PALKAR SMRUTI SAMITI

### **Canteen - Commenced from June 19, 1997**

Along with accommodation food facilities are required to be taken care of. A Canteen facility was started on 3 floor of the Sadan wherein Tea, Coffee, Milk, Snacks etc. are available at nominal rates. Even lunch and dinner is made available at very subsidised rate of Rs. 10/- only. In deserving cases tea, snacks, lunch, dinner is made available at free of cost.

**1998**

### **Blood Donation Camp: Commenced from March 3, 1998**

Conducting voluntary blood donation camp efficiently and regularly will provide adequate round the clock availability of blood units during emergency situation and they are the sources of safe blood also. By donating blood, one gives a second chance of life to someone unknown. To fulfil the requirement of blood needed by patients, NPSS conducts a minimum 3 blood donation camps every year at Parel, Borivali and Mumbai Central.

### **Ambulance Service – Commenced from December 31, 1998**

Ambulance Service has been placed at the disposal for providing transport facilities to the poor and needy patients who have been given temporary accommodation at NPSS Sadan, Parel. These people are being facilitated with the free Ambulance service for their hospital visit to and from. Sometimes in case of sad demise of patient; ambulance service is also provided to carry of the diseased person body to destination at the rate of Rs.5/- per kilometre. In case of expressing their inability to bear the cost of transportation; the ambulance transportation services were made available at zero charge to the needy family as well.

**2000**

### **Madhu Aushadh Pedhi/Medical Aid –**

“Madhu Aushadh Pedhi” is a corpus set up by NPSS. It offers financial help to needy patients from various government and municipal hospitals in the city towards their investigations, treatment and surgery.

### **Annapurna Scheme**

Cancer treatment is painful and debilitating. These patients need good food to increase resistance and decrease side effects of treatment. Since the patients are from poor family the food expenses of 2-3 persons are not affordable. Hence, they take roadside food which is unhygienic. To overcome this problem trust has started canteen facility which gives breakfast at 15 rupees and lunch / dinner at 30 rupees. But this expense also is very high for the patients. Therefore, trust started giving subsidized food at rupees 20 (Lunch & Dinner) and 5 (breakfast) with the help of individual donors which has helped patients to save money for their treatment.

- Every day we supply 185 cups of tea to relatives of cancer patients staying on footpath of Tata hospital which is being funded by Gurunani Sati Charitable Trust
- 50 cups of tea to mothers of children admitted in Wadia hospital is provided with the financial assistant of M/s Sai Infotech.



- Raw material for evening breakfast is given to 300 patient's relatives in KEM hospital which is sponsored by Gourishankar Chhitarmal Mithaiwala.
- Every day 50 Tiffin's containing Chapati-Bhaji are sent to the mothers of children admitted in Wadia Hospital for Children and 150 tiffin's to the patient's relatives in KEM hospital which is sponsored by Rotary Club of Mumbai, Nariman Point
- Daily 200 chapaties are provided to relatives of patients admitted in Nair Hospital.

2001

### **Rugna Seva Sadan Marg**

The Road on which the Rugna Seva Sadan is situated was known as Chamarbaug Cross Road. Taking into consideration the noble work carried out by NPSS, Greater Mumbai Municipal Corporation has now renamed the street as "**Rugna Seva Sadan Marg**"

### **Fruits Distribution - Commenced from January 2001**

Every Thursday, the NPSS staff and its volunteers distribute 5 to 6 types of seasonal fruits to almost 1100 patients admitted at Sewri TB Hospital

### **Massage Therapy Classes: Commenced from January, 2001**

Massage therapy is an ancient acknowledged Indian Therapy. Scientific massage is known to cure and control several ailments. NPSS conducts a four-week massage therapy course on weekends which covers both theory and practice. This course is conducted by Vaidya Shri Prakash Dalvi every month.

### **Yoga Classes: Commenced from 2001**

Yoga is not merely an exercise but a way to attain peace through physical, mental and spiritual wellbeing." "Peace and harmony are related to Yoga. With the co-operation of Yoga Vidya Niketan, three batches of Yoga classes are conducted between 4.30 pm to 8 pm from Monday to Friday every week round the year at Rugna Seva Sadan. Eminent teachers Shri R.P. Patil, Smt. Neelima Rele instruct and teach Yoga to the students.

### **Rugna Mitra - Commenced from March 25, 2001**

This is quarterly in-house journal for members, donors, and well-wishers. Apart from conveying information about the NPSS work and various programmes, it also includes articles by eminent medical specialists on various ailments.

### **TB Treatment Centre - Commenced from August 15, 2001**

Tuberculosis (TB) often impacts the most disadvantage among us. Recognising that TB patients require expensive medication and regular follow-up NPSS started the TB Treatment Centre. The Centre provides free check-ups and medicines for up to 50 patients. Specialist physicians have been empanelled to examine these patients and provide expert advice and prescriptions.



## NANA PALKAR SMRUTI SAMITI

- 2002**      **Rugna Seva Din - Observed since April 20, 2002**  
To celebrate the birth day of Late Shri. Nana Palkar, we acknowledge the medical support staff and organizations by felicitating them on this day.
- 2003**      **Prabhakar Kutumba Kalyan Kendra – Commenced from March 16, 2003**  
AIDS/HIV and kidney problems have increased in alarming proportions in India impacting our youth and their families due to a lack of accurate information on managing these diseases. Smt. Mati Mahendra, an expert counsellor, offers free counselling to AIDS, Cancer patients and even to patients undergoing dialysis treatment and their families.
- NPSS Dispensary – Commenced from September 29, 2003**  
In house dispensary is run by NPSS for patients and their relatives in the premises as well as for the nearby residents.
- 2004**      **Dr. Shivanand Lavekar Dispensary – Commenced from February 22, 2004**  
Dr. Shivanand Lavekar was a successful medical practitioner with a dispensary near Tata Cancer Centre, Parel. After his untimely sad demise his wife Dr. Shailaja Lavekar kindly handed over the dispensary to NPSS free of cost. The dispensary was re-inaugurated on February 22, 2004 and is being run by NPSS for weaker section of the society. Now, Dr. Mayur Jogidasani, provides medical advice and medicines to the patients at nominal charges of Rs. 10/- only.
- Extension of three floors of Rugna Seva Sadan – March 30, 2004**  
The Greater Mumbai Municipal Corporation in appreciation of the services rendered by NPSS granted us permission to construct 3 more floors on the existing 7 storied Rugna Seva Sadan. The Rugna Seva Sadan is now an imposing 10 storied building in Parel. The inauguration of the new extension was done at the hands of Hon. Shri K. Sudarshanji, Sarsanghchalak, RSS at the function held on March 30, 2004
- Gokhale Dialysis Centre - Commenced from June 13, 2004**  
Dialysis is a critical life-saving but expensive treatment for kidney disorders, which is often beyond the reach of poor and middle-class patients.
- NPSS Dialysis Centre at Rugna Seva Sadan, Parel was established in year 2004 with the generous support from Govind Dattatray Gokhale Charitable Trust. The centre is equipped with 14 haemodialysis machines which are used across 3 shifts per day under the guidance of Senior Nephrologists Dr. Tukaram Jamale, Dr. Amjadkhan Pathan and Dr. Atim Pajai.
- 2006**      **Tulsiani Speciality Pathology Laboratory - Commenced from April 1, 2006**  
Pathology tests can be prohibitively expensive in Mumbai due to sophistication of the equipment and the testing process. Our laboratory helps patients to get their pathological tests done at nominal charge or free of cost. The unit is progressing satisfactorily under the expert guidance of Dr. Prashant Amonkar.



**2008** **Thane Centre - Commenced from April 20, 2008**  
The Centre is striving selflessly to help the needy and poor patients. Every year the centre distributes clothes to new born babies in the civil hospital every month. Also distributes healthy snacks to the school children in Yeoor.

The number of seniors who require medical assistance is increasing. The cost of medical equipment is quite high. The requirement of some of these items, in many cases, is for a temporary period and investing in buying the same may not be economical.

Hence, Thane centre provides services of medical equipment to be used at residence on hire basis at very nominal rent.

**2010** **Doctor's Day - Commenced from July 1, 2010**  
1<sup>st</sup> July is celebrated as Doctors day in India. We acknowledge the selfless services of doctors who are working for poor and needy people in the society. Every year we felicitate 3 doctors on this day.

**2012** **Borivali Centre expansion in new premises**  
With new space provided by Shri Shetty, MP, activities were expanded beyond renting equipment. This centre runs a polyclinic to serve the local community. Experienced doctors from medical discipline like Allopathy, Homeopathy and Ayurveda etc. provide medical care.

**2018** **Santacruz Dialysis Centre - Commenced from June 1, 2018**  
We have taken over operations of the dialysis centre run by the Sankalp Trust. This centre has 12 machines operating in 3 shifts. The centre also acts as a collection centre for our pathology service.

**Physiotherapy Centre at Thane Centre : Commenced from October 2018**  
Today's speedy lifestyle has really affected the health and physical fitness of the people of the society and therefore resulting into health issues like spondylitis, backache, joint pain etc. Keeping in view this aspect NPSS has started Physiotherapy Centre at its Thane centre which provides Physiotherapy services at concessional rates to the poor and needy patients.

**100-Birth Anniversary of Late Shri Nana Palkar & Golden Jubilee Year of the NPSS** – These auspicious occasions were celebrated by NPSS with great enthusiasm in the presence of **Shri Mohan Bhagwat**, Sarsanghchalak, Rashtriya Swayamsevak Sangh and **Shri Ratan Tata** as a Special Guest



## Major CSR Partners of NPSS

Corporate Social Responsibility as a strategic act, "a way companies manage the business processes to produce an overall positive impact on society." Mallen Baker—writer, speaker and CSR expert—

	<b>LIC Housing Finance Ltd</b>	Medical Aid
	<b>Indiabulls Foundation</b>	Dialysis Shortfall
	<b>NSDL e - Governance Infrastructure Ltd.</b>	Dialysis Shortfall and TB Medicine & Dates Distribution for TB Patients
	<b>HDFC Securities Limited</b>	Medical Aid
	<b>Mahindra &amp; Mahindra Limited.</b>	Chemotherapy Borivali Centre
	<b>Anuh Pharma Ltd.</b>	Ambulance Dialysis Shortfall
	<b>Mazgaon Dock Shipbuilders Limited</b>	Dialysis Equipment Borivali Centre
	<b>Blue Cross Laboratories Ltd.</b>	Dialysis Machine Medical Aid
	<b>Prima Plastics Limited</b>	Dialysis Shortfall
	<b>Excel Industries Ltd.</b>	Dialysis Shortfall
	<b>UTI Infrastructure Technology &amp; Services Ltd.</b>	Dialysis Shortfall
	<b>International Reinsurance And Insurance Consultancy And Broking Services Pvt. Ltd.</b>	Medical Aid
	<b>Dharamsi Morarji Chemical Co. Ltd.</b>	Dialysis Machine
	<b>J. B. Chemicals &amp; Pharmaceuticals Ltd.</b>	RO Plant for Borivali Dialysis Centre
	<b>Nihchal Israni Foundation</b>	Dialysis Machine
	<b>Bahadurlal Amrutlal Jain Charitable Trust</b>	Dialysis Shortfall



# Key Figures

2019-2020

"Your generosity enables us to serve more than 75,000 people every year"

**Rugna Seva Sadan**

**1,260** patients &

**25** States of India

(over **37,550** patients since inception)

**Tulsiani Speciality Laboratory**

**1,77,873** tests &

**28,912** patients

(over **10,74,787** tests & **2,18,200** patients since inception)

**Ambulance Service**

**11,841** patients &

(over **93,468** patients since inception)

**Santacruz Dialysis Centre**

**9,138** dialysis &

**72** patients

(over **14,621** dialysis since inception)

**Thane Centre**  
Medical Equipment

**806** patients

(over **4,225** beneficiaries since inception)

**Borivli Centre**  
Speciality OPD

**15,962** OPD Partients

(over **74,073** patients since inception)

**Medical Aid**

**1,647** patients &

**Rs. 78.85 Lakhs**

(over **19,772** patients & **Rs. 6 cr. 9 lakhs** since inception)

**Gokhale Dialysis Centre**

**11,787** dialysis &

**87** patients

(over **1 lakhs 46 thousand** dialysis since inception)

**NPSS Chikitsalay**

**316** patients

(over **7,578** patients since inception)

**TB Medicines**

**323** patients &

**Rs. 7.49 Lakhs**

(over **10,012** patients & **Rs. 2 cr. 22 lakhs** since inception)

**Dr. Lavekar Dispensary**

**3,805** patients

(over **76,683** patients since inception)



## Events and Activities

### PAREL CENTRE

#### **April 4, 2019: Dialysis Machine Inauguration:**

Dialysis machine has an average lifespan of 6-7 years. Each machine can perform around 6,000 dialysis during its lifespan of 7 years. Blue Cross Laboratories donated 1 dialysis machine to NPSS. Mr. B. G. Barve, Joint Managing Director and Mr. Mahendra Phunwani, C.E.O. were present for this function.

**May 7, 2019: New Ambulance:** Anuh Pharma Ltd. donated ambulance to NPSS as part of its CSR activity. The ambulance was flagged off by Shri. Bipin Shah, Managing Director, Anuh Pharma Ltd. and his team along with NPSS Managing Committee Members. Speaking at the formal meet held before the flag off, Shri. Bipin Shah said, "This is part of our Corporate Social Responsibility (CSR). We are happy that this project has been materialized at the time when the need is more."

#### **July 7, 2019: Doctors Day:**

1<sup>st</sup> July is being celebrated as Doctors' Day all over India to appreciate the dedication and commitment of the Doctors towards our society. On this occasion NPSS, since last nine years, celebrates this day to felicitate the doctors who are contributing their valuable medical service as towards social commitment. This year the felicitation ceremony was celebrated on July 7, 2020 at Vasant Smruti, Dadar, Mumbai. Dr. Hema K., Vice-President, NPSS while addressing the participants explained the core aspect of the felicitation program, in her opening speech. Shri Ravindra Karve, Working President, NPSS also placed meritorious history of social services extended by the NPSS for last more than 50 years. On this occasion Dr. Sudeep Gupta, Deputy Director, ACTREC, Tata Memorial Centre, Dr. Suparna Nirgudkar and Dr. Abhijit Sonawane have been the distinguished guests and were felicitated.

Dr. Sudeep Gupta is Professor of Medical Oncology at Tata Memorial Hospital, Mumbai. He is an outstanding researcher and has special interests in breast cancer and gynecological malignancies and early drug development. Dr. Sudeep Gupta while addressing the participants appreciated the valuable contribution of NPSS in providing all possible medical aids, free meals and accommodations to the impoverished and



distressed patients coming from other regions. He added that such sort of assistance really helps and provides moral support to such outstation patients. He also said that the proposed scheme “*Aayushyaman Bharat*” introduced by the Government of India will definitely prove valuable for the impoverished sector of the Society.

Dr. Suparna Nirgudkar, is known for her meritorious social work in Nagaland. She provides valuable medical services in the remote areas and villages of Nagaland State. While addressing the felicitation program she said that, "the people of the Nagaland always feel that they are neglected. However this can be overcome by bridging the educational and medical services in balanced manner and thus they can be the part of main stream."

Dr. Abhijit Sonawane, is known for his contribution in providing medical assistance/ treatment to the beggars in Pune District. With love and affection and pursuant to his engagement in this category of social service he is also known as “*Beggar’s Doctor*”. Dr. Abhijit Sonawane and his wife Dr. Manisha Sonawane are working together to bring medicine to the most deprived group of individuals in Pune, India. Under their organization, Soham Trust, these doctors for beggars treat individuals that do not have financial means for medical treatment. He not only assists with medical and emotional support, but also provides counseling to the homeless seniors so they can start their own businesses. Dr. Sonawane while addressing the celebration said that everyone who helps such beggars by way of giving some money should refrain themselves and should put all efforts and strength in making such people self-reliant.

Shri Aniruddha Deshpande, Akhil Bhartiya Sampark Pramukh was the Chief Guest of the felicitation ceremony. In his speech he explained that there is a vast social heterogeneity in medical fields. He added that at least three basic things i.e. Blood, Dialysis Service and Stents should be made available to needy people free of cost. He also referred to the Paramedical Services Training Programs which existed before and proved helpful as well. He expressed that all should evaluate the need for reopening such parallel medical services training courses. Shri Deshpande also paid homage to Late Shri Nana Palkar and Late Dr. B. C. Roy. Shri Avinash Khare, Secretary NPSS gave vote of thanks to the distinguished guests and participants.

**August 15, 2019: Independence Day:** Independence Day was celebrated at Rugna Seva Sadan on August 15, 2019 at 9.00 am. Shri Duttaji Panchwagh, Editor, Vishwa Samwad, Parel was Chief Guest of the programme and he hoisted the National flag and delivered a thought-provoking speech.



## NANA PALKAR SMRUTI SAMITI

**November 11, 2019: Dialysis Machine Inauguration:** Dialysis Machines donated by various donors are of a great help to us as without these machines we cannot provide dialysis to poor and needy patients. An inauguration programme of dialysis machine in Gokhale Dialysis Centre, Parel donated by Smt. Suniti Marathye in memory of Late Dr. Ganesh Pandurang Sathe was organised.

**December 20, 2019: Laboratory Machine Inauguration:** Smt. Swati Londhe in memory of Shri Purushottam Balkrishna Sahasrabudhe has given a generous donation to buy new equipment for Tulsiani Speciality Laboratory of NPSS

**January 26, 2020: Republic Day:** Republic day was celebrated at Rugna Seva Sadan at 9 a.m. Shri Chandrashekhar Vaze, Director, Jan Kalyan Sahakari Bank, was our Chief Guest. He presided over the function and hoisted the National Flag and delivered an inspiring speech.

**March 1, 2020: Rugna Seva Din :** NPSS celebrated “Rugna Seva Din” on March 1, 2020 at Social League High School. On this occasion NPSS felicitated respected people who have dedicated themselves towards rendering medical services to the poor impoverished patients of the society. On this occasion Dr. Ajay Chandanwale, Joint Director, Medical Education & Research, Maharashtra State was the Chief Guest, Smt. Padmaja Kanitkar-Vaidya, Medical Social Worker, Nair Hospital, Shri Suhas Kabre, Founder, Rajhans Prathisthan, Mumbai and Shri Nandubhai Parekh, Medical Social Worker & Trustee, Sai Siddhi Charitable Trust, Mumbai have been honored and felicitated.

The Hon. Chairperson Dr. Ajay Chandanwale while addressing the celebration said that, *“Medical profession is highly respectful one. Any patient entering the hospital or medical center is always in a disturbed and mental stress and expects motherly behavior. Most of them were found in financial stress. At this time it is the sole responsibility of the entire attending team to have humanitarian approach towards such distressed ones and always value the time. He also reminded the meritorious contributions in medical services by Late Shri Nana Palkar in just 49 years. The tree of social services planted by him i.e. NPSS, has now grown up and serving the society in various ways in its correct spirit. If inspired with the social contribution of the NPSS, many other charitable institutions, by working together, can solve most of the medical problems of the Society.”*



## BORIVALI CENTRE:

**June 15, 2019: New Physiotherapy Centre:** The new Physiotherapy Section of Borivali branch of NPSS was inaugurated on Saturday, June 15, 2019 at 10 am. Initially lamps were lighted by Dr Hema madam, Shri Janardan Kadhe , Shri Bhalchandra Gokhale, Dr Paresh Navalkar and local Municipal Councillor Anjalitai Khedkar. After lamp lighting the Physiotherapy section was inaugurated. Shri Bhalchandra Gokhale and Mrs. Ashatai Gokhale have donated Rs. 1,00,000/- for the Physiotherapy section in the memory of Late Dr. Mohan Gokhale , brother of Shri Bhalchandra Gokhale. The Gokhale family went around the Physiotherapy Section and expressed satisfaction in connection with the facility and also promised more financial help in future as and when needed.

**June 30, 2019: Blood Donation Drive:** Hon. Shri Gopal Shetty (MP) inaugurated the 'Blood Donation Drive' on June 30, 2019 at Acharya Narendra Dev Vidyamandir. Those present on the occasion included Smt. Manishatai Choudhari (MLA), Shri Hemendra Mehta (Ex-MLA), Smt. Anjalitai Khedkar (Corporator), Shri Shivkumar Jha, Shri Vijay Daruwale, Shri Shivanand Shetty, Dr. Paresh Navalkar (President NPSS Borivali Branch) and other committee members. Hon. Shri Gopal Shetty (MP), in his speech, admired the organisation for regularly organizing Blood Donation Camps and Patient's Service Weeks. There were 57 volunteers who donated the blood on this occasion.

**July 1, 2019: General Health Checkup Camp:** Dr. Ajay Pradhan conducted the camp.

**July 3, 4 & 5, 2019: School Children Health Checkup Camp:** The School Children Health Check - up was conducted at Primary Section of Acharya Narendra Dev High School. The teachers from the Primary Section along with 89 primary students were examined. Dr Ajay Pradhan and Dr Kiran Ambekar conducted the activity. Same activity was conducted at the Primary Section of Shri Anandrao Pawar High School where 65 students were examined. Dr.Ajay Pradhan also addressed the students before the start of the camp and gave instructions about personal hygiene and health. The School Children Health Check-up exercise was conducted at Primary Section of Manohar Shriram Chogale Vidyalyaya, Hoari Branch, where 171 students were examined.

**July 6, 2019: Mammography Test Camp: Prevention is better than cure:**

The Mammography Test Camp in co- ordination with the organization 'Helping Hand' was held on Saturday July 6, 2019. The initiative was well advertised in advance and 40 women had registered their names for the camp. Program started with lighting the lamp in presence of Hon MLA Manishatai Choudhari, Municipal Corporator, Shri Jitendra Patel and Dr Surekha along with Smt. Harsha Madam.



## NANA PALKAR SMRUTI SAMITI

### **August 31, 2019 : Second Mammography Test Camp: Patients Service Week:**

After seeing the overwhelming response to 1<sup>st</sup> camp second camp was organized to celebrate 'Patients Service Week' between June 30 to July 6, 2019.

The **Third Mammography Test Camp** was organized on Saturday **9<sup>th</sup> November, 2019**. 40 women registered for the camp; 37 women actually attended the same. Looking at the enthusiastic response of women to the initiative, it was decided to hold camps every alternate month as the max capacity per camp is only 40.

### **August 31, 2019: Annual Gathering of Borivali Center:**

The Annual Gathering of Borivali Center of Nana Palkar Smruti Samiti was held at Mini Theatre of Prabodhankar Thackeray in Borivali. Dr Paresh Navalkar, President of Borivali Center said that, "He remembered all those whose contribution had made it possible to lay the foundation of Borivali Center and as also those who had helped in the working of the center and the organization shall always remain indebted to them". Dr. Navalkar made a special mention of the Rege family whose donation of place in Ganesh krupa Bhavan for the Center was the first step in starting the Center. Shri Avinash Khare, Secretary of NPSS while addressing the participants explained about the activities being carried out at Parel as well as Thane and the Dialysis Center at Santacruz.

**December 12, 2019 : Service Week :** Rashtriy Swayamsevak Sangh , Lokmanya Tilak Nagar, Eksar organized 'Service Week'. Secretary Shri Pravin Parab, Mrs. Mangal Mehendale, Mrs Sudha Sathe and Shri Subodh Katkar greeted the visitors, took them around and gave information about our activities. The visitors expressed satisfaction over the activities being conducted by the organization and praised the cleanliness maintained at the facility.

**December 8, 2019: Eye Checkup Camp:** A Free Eye Checkup Camp was organized for the residents of Lokmanya Nagar Eksar Dongri at Balwadi on Sunday December 8, 2019 between 11 am to 1 pm. Social workers from the area along with some students and 15 RSS volunteers helped in conducting the exercise.

### **THANE CENTRE**

**Arogya Jatra: On 29.02.2020 and 01.03.2020:** An "**Arogya Jatra**" was organised by NPSS, Thane Branch in joint co-operation with "Arogya Rekha" at Saraswati Mandir Krida Sankul, Thane. *Arogya Jatra* emphasised primarily on creating medical education awareness and personal medical responsibilities of the people. NPSS has also



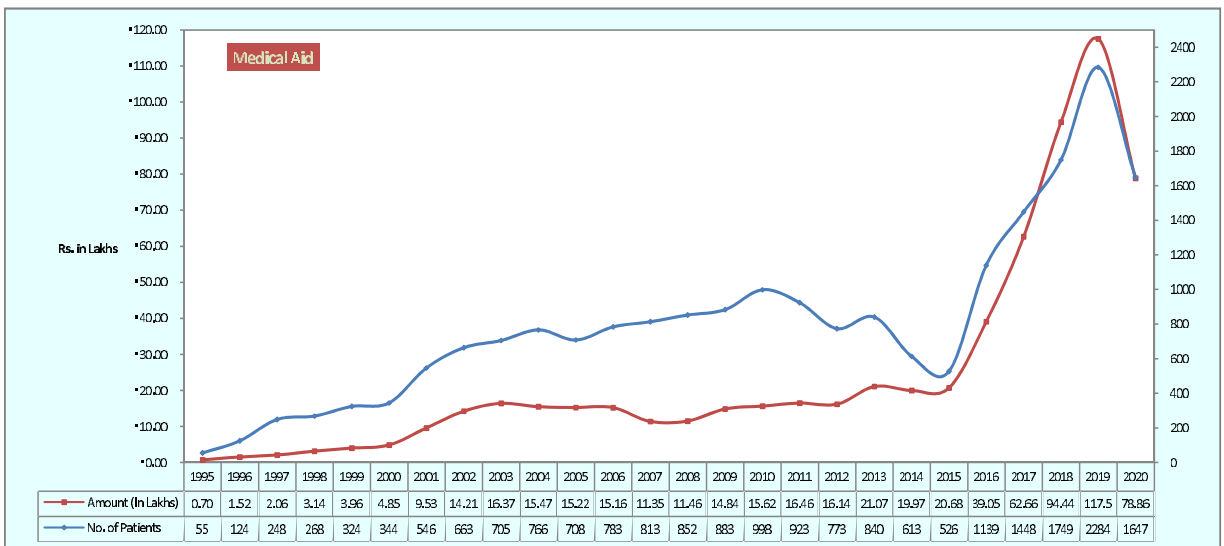
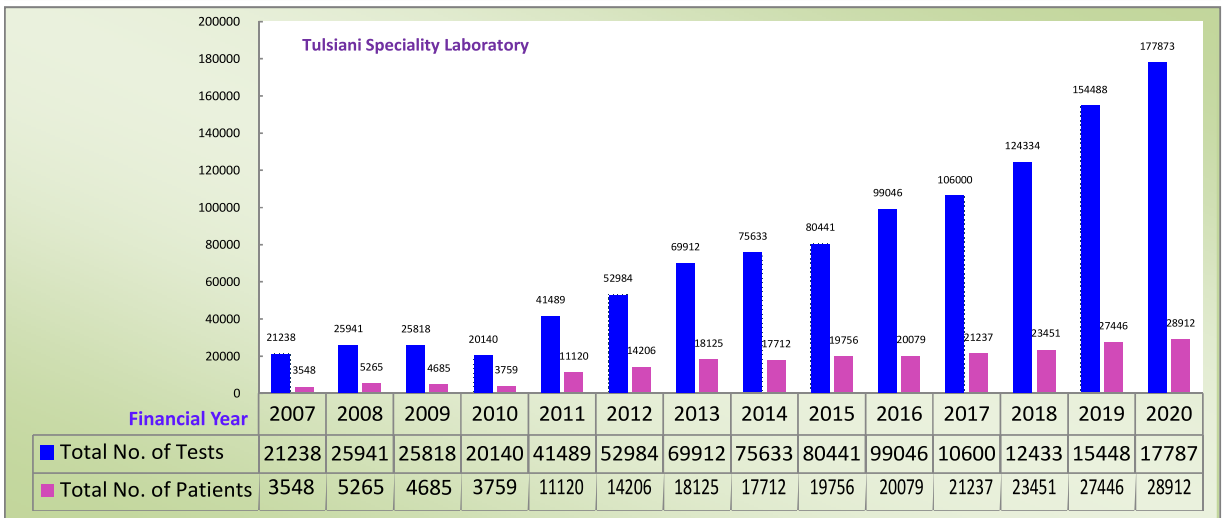
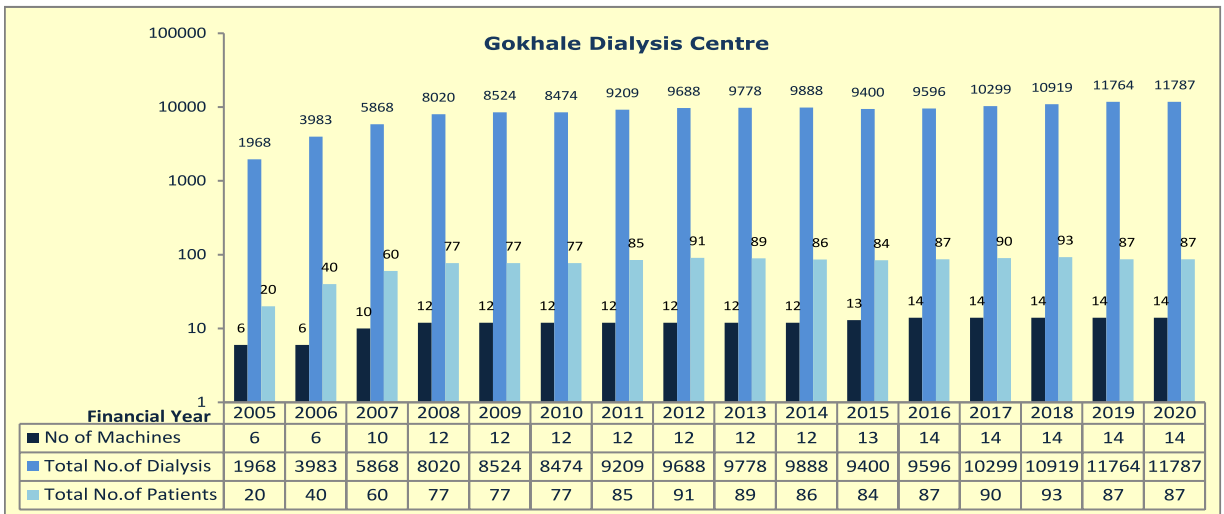
organised free blood check-up programme during this *Jatra* (seminar). People from various corners of the city participated in a large number in the seminar giving good response to the same. Various institutions working in the field of medical services also participated in the seminar viz. Thane Municipal Corporation Health Department, Jupiter Foundation, Amruti Aurved Panchkarma Centre, Tanvi, Madhavbaug, Pitambari, Nucleus Pathology, Highland Hospital, Mayekar Opticians, Homeopathy Foundation, Nisarg Foundation, Ambika Yoga Kutir, Tridal Foundation, Jagruti Palak Sanstha, Eye Donation, Dadhichi Body Donation, Jyascap, Meenatai Thakre Nursing College.

**April 4, 2019: 1<sup>st</sup> Anniversary of Thane Branch:** NPSS Thane branch celebrated 1<sup>st</sup> Anniversary on April 4, 2019 at Sanyog Mandir Thane. On this occasion, number of “*Rugna Sevak*” deployed at various Government Hospitals have been recognised and felicitated with “*Rugna Seva Sanman Puraskar*”. Sai Aadhar Sanstha, Virar founded by Shri Vishal Parulekar has been specially felicitated. Sai Adhar Sanstha is contributing into welfare of the families of farmers who have committed suicide due to various financial matters. This years’ anniversary has been conducted/celebrated with a theme/motto of “*Roon Samajache*”. In this celebration Smt. Vidya Joshi had discussion with Dr. Suparna Nirgudkar who has conducted number of medical camps in remote areas/villages of Nagaland. She mentioned that the said work has taken shape on her meeting with Hon. Padmanabh Acharya, Ex-Governor, Nagaland.

**April 28, 2020: Cancer detection camp:** NPSS, Thane Branch and Aadhar Rekha Pratishtan jointly organised Cancer Detection Camp basically for women at NPSS Premises, Vrindawan Society, Thane. A team of members of the Cancer Patients Aid Association, Mahalakshmi participated in this camp and rendered their valuable support in examining the visiting patients. Altogether 99 patients have been facilitated with the free medical examination at this camp. Dr. C. K. Joshi, Surgeon, Dr. Satyendra Mehra, ENT Surgeon, Dr. Rachana Mehara, Gynaecologist Dr. Veena Borkar, General Physician have contributed /extended their valuable support in counselling regarding advance medical treatment on Cancer and also examined number of patients. Smt. Ashatai Kulkarni of Aashida Electronics also visited the camp an expressed her gratitude and well wishes for this function organised for facilitating cancer patients.

**August 28, 2019:** NPSS provided medicines worth Rs.72,000/- to the victims of Sangli flood. Medicines were duly despatched to Village Palus, Taluka Sangali.

# Activities Progress SINCE INCEPTION





## बिल भरा केव्हाही, कुठेही

आता भरा आपली वीज, टेलिफोन, गॅस इ. बिलं  
रोख स्वरुपात\* टीजेएसबी बँकेच्या सर्व शाखेत.  
तसेच टीजेएसबी बँकेच्या स्मार्ट मनी ॲप आणि  
इंटरनेट बँकिंग सेवेच्या माध्यमातूनही ही सेवा उपलब्ध.

**टीजेएसबी सहकारी  
बँक लिमिटेड.** मल्टी-स्टेट  
शेड्युल्ड बँक

\*अटी लागू

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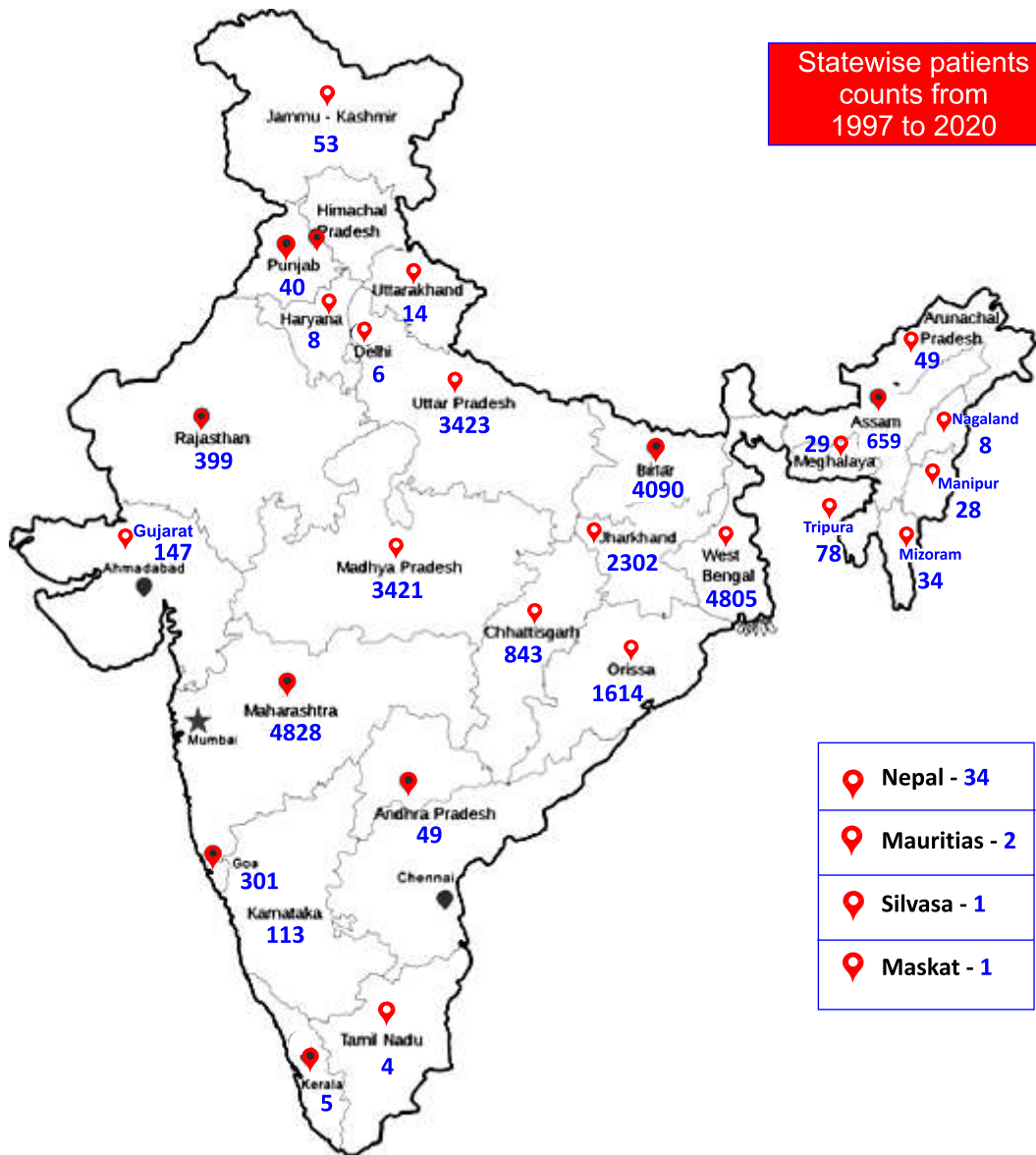
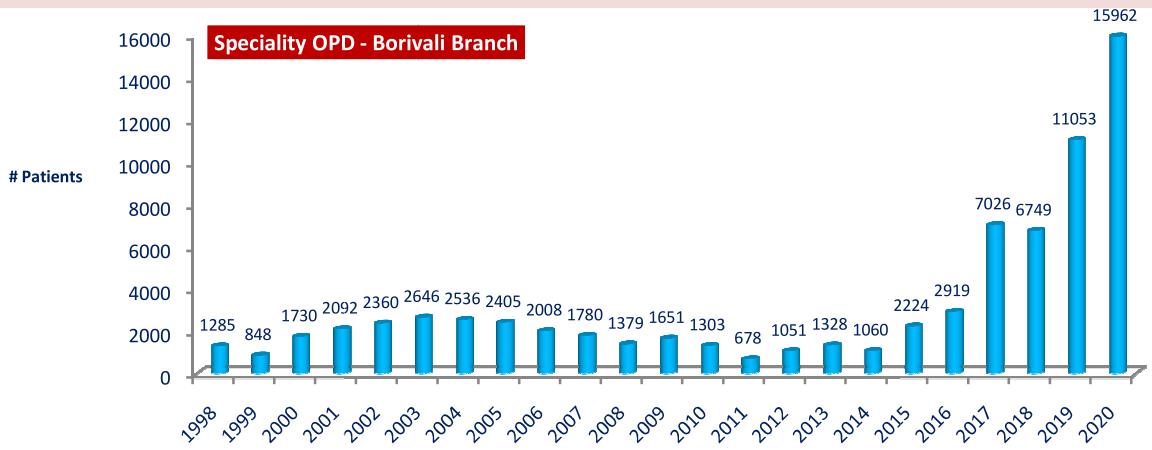
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प्रशासकीय आणि नोंदणीकृत कार्यालय : टीजेएसबी हाऊस, प्लॉट क्र. बी ५, रोड क्र. २, वागळे इंडस्ट्रियल इस्टेट,  
ठाणे (पश्चिम)-४०० ६०४. टोल फ्री क्र.: १८०० २२३ ४६६

For more details write to us at [bbps@tjsb.co.in](mailto:bbps@tjsb.co.in) | [www.tjsbbank.co.in](http://www.tjsbbank.co.in)



FINANCIAL AID TO UNDER PRIVILEGED/POOR PATIENTS IS  
PROVIDED BY



NANA PALKAR SMRUTI SAMITI



WITH FINANCIAL SUPPORT OF

**Indiabulls**  
**FOUNDATION**



## Appeal

No.	Project Description	Requirement Per Month (Amount in Rs)	Requirement Per Year (Amount in Rs)
1.	<b># Rugna Seva Sadan</b> We have 38 rooms in which 6 people stay. We charge 100 rupees per person but 95% of patients cannot afford this so we provide accomadation free of cost. The total expense is Rs. 1000 per day which include, water, electricity, labour, taxes, overhead and repair & maintenance (room & floor maintenance is excluded)	<b>11.78 Lakh</b>	<b>136 Lakh</b>
2.	<b># Dialysis Centre (Parel, Santacruz &amp; Borivali)</b>	<b>13.50 Lakhs</b>	<b>160 Lakh</b>
3.	<b># Medical Aid</b> NPSS provides financial help to patients undergoing treatment at various government hospitals like Tata Cancer, KEM, LTMG Sion hospital & Wadia towards medical treatment for last 15 years. The need for such medical assistance is huge. At present due to the limited resources we are not in a position to widen the outreach both in terms of number of patients & amount of assistance per patient.	<b>10 Lakh</b>	<b>125 Lakh</b>
4.	<b># Annapurna Yojana</b> To enable us to give breakfast @ Rs. 5 and lunch / dinner @Rs. 10 for about 228 people we have shortfall of rupees 12000 per day. We give food free to some people those who cannot afford even these rates.	<b>3.65 Lakh</b>	<b>43.80 Lakh</b>
5.	<b># TB Patient Support</b> T. B. patients on discharge from Hospital need to take medicines at least 4 to 6 months. NPSS provides medicines free of costs to the patients every week (Friday). These patients are also checked, consulted by eminent TB Specialist Doctor at Sadan.	<b>1 Lakh</b>	<b>12 Lakh</b>
6.	<b># Fruits and dates distribution to 600 patients in Sewri TB Hospital on weekly basis</b>	<b>1.50 Lakh</b>	<b>18 Lakh</b>
7.	<b># Ambulance running expenses</b> We are giving free service to in house patients to go to hospitals. The ambulance running cost including fuel, insurance, driver / attendant salary, repair & maintenace comes to 6 lakhs per year	<b>50,000/-</b>	<b>6 Lakh</b>
8.	<b># Dispensary running expenses</b> In our dispensaries, we are giving general medicines in 10 rupees or free to nearby area people who cannot afford the doctors' fees of rupees 200-300 for routine illness. The dispensary running cost including water, electricity, attendant salary and repair & maintenance comes to 3 lakhs per year.	<b>25,000/-</b>	<b>3 Lakh</b>

NPSS is registered under Public Charitable Act, 1950 & Society Registration Act, 1960.

NPSS is registered under Section 12(A) of the Income Tax Act, 1961

NPSS accepting donation under Section 80 G of the Income Tax Act.

Please support us in this noble cause by sending donations by e-payment for which details are as follows;

Account Name : Nana Palkar Smruti Samiti

Bank Name : Bank of Baroda,

Branch : Lalbaug, Mumbai

Saving A/c No. : **33380100001588**

IFSC Code : **BARB0LALBAU** (5th character is zero)



## Feedback

We have selected Nana Palkar Smruti Samiti as one of the Institutions to which we donate funds from our Corporate Social Responsibility (CSR) account mainly because the trustees and staff are totally dedicated and the premises are kept very clean and this Institution is more than 50 years old doing great service to the Humanity and the Patients.

- **Bipin Shah,**  
Managing Director, Anuh Pharma Ltd."

"We are happy to associate with Nana Palkar Smruti Samiti in their effort to provide subsidised healthcare to needy people and wish them all the best for the dedicated service they are rendering".

- **Captain Ramesh Babu**  
Executive Director (CSR & Indigenisation), Mazagon Dock Shipbuilders Ltd.

संस्थेला योगयोगाने भेट दिली. माझ्या ६५ वर्षांच्या सामाजिक व राजकीय आयुष्यामध्ये एवढनिस्वार्थीपणे रात्रंदिवस सामाजिक काम दृष्टीक्षेपात नाही. या मोठ्या मदत कार्यात मी सुध्दा वैयक्तिक स्वरूपाची भुमिका हमखास बजावल्याशिवाय रहाणार नाही, असे अभिवचन मी आज देत आहे. पुन्हा एकदा विश्वस्त व सर्व कर्मचाऱ्यांचे मनापासून आभार मानतो.

- **रामदास दा. निगडे,**  
मु.पो. सासवड, जि. पुणे.

संस्थेला भेट देण्याचा योग आला. अत्यंत स्वच्छ आणि सुनियोजित व्यवस्था आढळली. सर्वत्र वैयक्तीकरित्या लक्ष देत असल्याचे दिसून आले. कर्मचारी वर्ग देखील हसतमुख आहे. संस्थेच्या पुढील वाटचालीसाठी हार्दिक शुभेच्छा.

- **सौ. अनिता सं. जोशी**  
अंबरनाथ

संस्थेचे कार्य अक्षरशः दिपवून टाकणारे आणि प्रेरणादायी आहे. 'झगमगाट' न करता दुसऱ्याला प्रकाश देता येतो हे प्रत्यक्ष पाहायल मिळले. देशभरातून रुग्ण एकत्र येऊन येथे रहात असल्यामुळे राष्ट्रीय एकात्मता अनुभवता आली. अशा संस्थेत प्रजासत्ताक दिनी येण्याची संधी मिळाली. हे माझे परमभाग्य सर्व कार्यकर्त्यांना मनापासून वंदन. कार्याविषयी अभिनंदन आणि शुभेच्छा.

- **चंद्रशेखर ना. वझे**  
संचालक, जनकल्याण सहकारी बँक



## # Fight Against COVID-19

You are well aware of the COVID-19 pandemic that has created a war like situation in the world. India enforced four-phased -lockdown starting from March 23 ≈ June 7, 2020 to deal with COVID-19.

During this crisis situation, NPSS continued to provide service to patients without a break. From the first day, the dialysis units at Parel and Santacruz have been operational as usual where as many other dialysis units were shut during the lockdown. This has helped our needy and helpless dialysis patients to survive. Even in this situation we were operating both our dialysis Centres in all 3 shifts and were closed only for 24-48 hrs for fumigation/sanitization due to COVID-19 positive cases identified in the Centres. But the same time managed the patient's dialysis schedule.

After the country-wide lockdown was announced, free movement of people across the country was not possible. We had a total of 215 people at the Sadan. Many patients were undergoing treatment at Tata Memorial Cancer Hospital Some of them had already exhausted their allotted stay of one month. NPSS relaxed the rule and allowed them to stay on for 3 months. Even extended help in arranging the return travel for the stranded patients and their relatives after the lockdown rules were relaxed. We must appreciate the help provided by Tata Memorial, Municipal authorities and the Police for this.

Corona pandemic and the resultant lockdown have caused a significant impact on the economy of the Country as a whole. NPSS is facing reduction in CSR funds and other donations. During this period we applied and got empanelled for the "Mahatma Jyotiba Phule Jan Arogya Yojana" scheme of Government of Maharashtra which will reduce the burden on us to some extent but will give more relief to patients. We are also in process of starting a new chemotherapy center at Borivali which has got delayed due to COVID-19.

Now, more than ever, our community needs us. And we need you.



## NANA PALKAR SMRUTI SAMITI TULSIANI SPECIALITY LABORATORY

Rugna Seva Sadan, 158, Rugna Seva Sadan Marg,  
Off Dr. Ambedkar Road, Near Nare Park, Parel, Mumbai - 400 012.  
Tel. : 24180855. | Website : www.npss.org. | E-mail : npsstsl@gmail.com

### PRICE LIST

<p>30/- MP 50/- Complete Blood Count (CBC) 30/- ESR 30/- Blood Sugar (Fasting / Ramdom) 50/- Blood Sugar (Fasting &amp; PP) 30/- Serum Creatinine 30/- BUN 30/- SGOT 30/- SGPT 30/- Bilirubin 30/- Alkaline Phosphatase 30/- Total Protein 30/- Albumin 30/- Calcium 30/- Uric Acid 30/- Phosphorous 30/- Cholesterol 50/- HDL - Cholesterol 30/- Triglyceride 150/- Lipid Profile 150/- RFT</p>	<p>150/- LFT 400/- Body Profile 50/- Urine Pregency Test 100/- Widal 50/- VDRL 50/- Blood Group 50/- HIV 50/- HbSAg 100/- HCV 30/- Urine Routine 50/- Stool Routine 100/- Prothrombin Time 150/- R A Test 30/- BT-CT 75/- Electrolyte 250/- MPAg 400/- Dengue Ns<sub>1</sub> 800/- Dengue IgG - IgM 150/- CRP 200/- GTT 550/- Fever Profile 350/- SMA + 12 400/- ANC Profile</p>
--	--

### SPECIALIZED TESTS (Report Next Day)

<input type="checkbox"/> T3, T4, TSH	<input type="checkbox"/> Testosterone	<input type="checkbox"/> Vit B12	<input type="checkbox"/> DS DNA
<input type="checkbox"/> Free T3, T4, TSH	<input type="checkbox"/> E3	<input type="checkbox"/> Vit D3	<input type="checkbox"/> AMH
<input type="checkbox"/> FSH	<input type="checkbox"/> E2	<input type="checkbox"/> Anti CCP	<input type="checkbox"/> Homocystine
<input type="checkbox"/> LH	<input type="checkbox"/> CEA	<input type="checkbox"/> HbA1C	<input type="checkbox"/> Protein Electrophoresis
<input type="checkbox"/> Prolactin	<input type="checkbox"/> PSA	<input type="checkbox"/> CA 15.3	<input type="checkbox"/> Hb Electrophoresis
<input type="checkbox"/> B HCG	<input type="checkbox"/> Ca 125	<input type="checkbox"/> CA 19.9	<input type="checkbox"/> Total IgE
<input type="checkbox"/> Progesterone	<input type="checkbox"/> Ferritin	<input type="checkbox"/> Triple Marker	<input type="checkbox"/> PTH
<input type="checkbox"/> DHEAS	<input type="checkbox"/> Iron Studies	<input type="checkbox"/> ANA	

**For Other Test and Charges, Please Contact us.**



## NANA PALKAR SMRUTI SAMITI

For planning of various social service activities and its successful execution, the Nana Palkar Smruti Samiti administration has convened all together 12 meetings (27.04.2019, 25.05.2019, 22.06.2019, 27.07.2019, 28.08.2019, 11.09.2019, 28.09.2019, 26.10.2019, 23.11.2019, 28.12.2019, 26.01.2020, 22.02.2020) of its Managing Committee in this year. The committee after detailed discussion over different services, activities to be carried out, finalised its successful executed. All the decisions were positive and unanimous and purely in the interest of the Society and towards fulfilment to the core aspect of the NPSS.

Annual statutory audit of the NPSS has been conducted by M/s. Vaishampayan & Associates, Chartered Accountants and Audit Report prepared by the Auditors have been placed before the Managing Committee of NPSS for perusal.

Sr. No.	Committee Member	Designation	No. of Meeting Attended
1	DR. HEMA KANNAN	VICE PRESIDENT	12
2	MR. RAVINDRA KARVE	WORKING PRESIDENT	07
3	MR. JANARDAN KADHE	TREASURER	10
4	MR. AVINASH KHARE	HON. SECRETARY	12
5	SMT. ALKA SAWARKAR	JT. SECRETARY	08
6	DR. JAYANT PATWARDHAN	MEMBER	03
7	MR. KIRAN KRALKAR	MEMBER	07
8	MR. BHALCHANDRA BOPARDIKAR	MEMBER	06
9	MR. NITIN DESHMUKH	MEMBER	04
10	MR. DILIP KETKAR	MEMBER	11
11	MR. SANTOSH RAJWADE	MEMBER	03
12	MR. VIVEK CHHATRE	MEMBER	09
13	SMT. BHARTI VAIDYA	MEMBER (CO-OPT.)	03
14	SMT. SHAILAJA GHADIGAONKAR	MEMBER (CO-OPT.)	00



THE BOMBAY PUBLIC TRUST ACT, 1950.

**NANA PALKAR SMRUTI**

**BALANCE SHEET AS AT**

FUNDS & LIABILITIES	Amount	Amount
<b>Trust Fund or Corpus :-</b>		
Balance as per last Balance Sheet	31,887,428	
Additions during the year	4,735,212	36,622,640
<b>Other Earmarked Funds :-</b> (Created under the provisions of the trust deed or scheme or out of the Income)		
Depreciation Fund		
Sinking Fund		
Reserve Fund		
Any other Fund	Annexure "A"	116,721,325
<b>Loans (Secured or Unsecured)</b>		
From Trustees		
From Others		
<b>Liabilities :-</b>	Annexure "B"	
For Expenses	22,384,407	
For Advances		
For Rent and Other Deposits		
For Duites & Taxes		
For Sundry Credit Balances	13,241,093	35,625,500
<b>Income &amp; Expenditure Account :-</b>		
Balance as per last B/Sheet	74,854,310	
Less : Appropriation, if any	-	
Add : Surplus	4,740,547	79,594,857
<b>TOTAL</b>		<b>268,564,323</b>

As per our report of even date

Mumbai :  
Dated : 17/11/2020

**For Vaishampayan & Associates**

Chartered Accountants  
Sd/-

(Amit A. Vaishampayan)  
Partner

Membership No: 100629

FRN No: 111226W

UDIN No. 20100629AAAACF6884



## NANA PALKAR SMRUTI SAMITI

SCHEDULE VIII [ Vide Rule 17 (1)]

### SAMITI, MUMBAI

31<sup>ST</sup> MARCH, 2020.

Reg. No. F- 2874(Mumbai)

PROPERTY & ASSETS		Amount	Amount
<b>Immovable Properties : [at cost]</b>	Annexure "C"		
Balance as per last Balance Sheet		29,070,908	
Additions during the year		-	
Less: Sales during the year		-	
Depreciation during the year		1,453,545	27,617,362
<b>Investments :-</b>	Annexure "D"		156,403,682
<b>Furniture &amp; Fixture :-</b>	Annexure "C"		
Balance as per last Balance Sheet		16,157,979	
Additions during the year		2,439,621	
Less: Sales & written off during the year		-	
Depreciation during the year		2,769,611	15,827,989
<b>Asset Under Construction</b>	Annexure "C"		55,216,811
<b>Loans (Secured or Unsecured) : Good/doubtful</b>			
Loans Scholarships			
Other Loans			
<b>Advances :-</b>	Annexure "E"		
To Trustees			
To Employees			
To Contractors			
To Lawyers			
To Others		7,339,386	7,339,386
<b>Outstanding Income / Prepaid Expenses:-</b>			
Rent		-	
Interest		14,749	
Prepaid Expenses		243,123	257,872
<b>Cash and Bank Balances :-</b>	Annexure "F"		
(a) In Saving Account with		5,783,151	
(b) With the Trustee,			
(c) With the Manager		118,070	5,901,221
<b>TOTAL</b>			<b>268,564,323</b>

The above Balance Sheet to the best of our belief contains a true account of the Funds and Liabilities and of the Property and Assets of the Trust.

Sd/-  
**Shriram S. Dandekar**  
Working President

Sd/-  
**Satish V. Jeurkar**  
Treasurer

Sd/-  
**Avinash A. Khare**  
Hon. Secretary



THE BOMBAY PUBLIC TRUST ACT, 1950.  
**NANA PALKAR SMRUTI**  
INCOME & EXPENDITURE ACCOUNT FOR THE

EXPENDITURE	Amount	Amount
<b>To Expenditure In respect of Properties :-</b>		
Rates, Taxes, Cess	394,889	
Repairs and Maintenance	19,162,592	
Salaries		
Insurance	544,954	20,102,435
Depreciation (by way of provision of adjustments) Annexure "C"		1,453,545
Other Expenses		
<b>To Establishment Expenses :-</b> Annexure "G"		1,136,200
<b>To Remuneration to Trustee :-</b>		
<b>To Remuneration (in the case of a math) to the head math, including his household expenditure, if any</b>		
<b>To Legal Expenses :-</b>		
<b>To Audit Fees :-</b>		88,400
<b>To Contribution and Fees :-</b>		
<b>To Amount Written off :-</b>		
(a) Bad Debts		
(b) Loan Sholarship		
(c) Irrecoverable Rents		
(d) Other Items		
<b>To Miscellaneous Expenses :-</b>		
<b>To Depreciation :- On Furniture &amp; Fixtures</b> Annexure "E"		2,769,611
<b>To Amount transferred to Reserve or Specific Funds :-</b>		
Rugna Sahayog Nidhi	-	
Corpus Fund	-	
Corpus Fund U/S.35AC	-	
<b>To Expenditure on object of the trust :-</b> Annexure "H"		
(a) Religious		
(b) Educational		
(c) Medical Relief	63,480,309	
(d) Relief of Poverty	-	
(e) Other Charitable Objects	-	63,480,309
<b>To Surplus carried over to Balance Sheet :-</b>		4,740,547
<b>TOTAL</b>		<b>93,771,047</b>

As per our report of even date

Mumbai :  
Dated : 17/11/2020

**For Vaishampayan & Associates**

Chartered Accountants

Sd/-

(Amit A. Vaishampayan)

Partner

Membership No: 100629

FRN No: 111226W

UDIN No. 20100629AAAACF6884



## NANA PALKAR SMRUTI SAMITI

SCHEDULE IX [ Vide Rule 17 (1)]

### SAMITI, MUMBAI

YEAR ENDING ON 31<sup>ST</sup> MARCH, 2020.

Reg. No. F- 2874(Mumbai)

INCOME	Amount	Amount
<b>By Rent :-</b>		
<b>By Interest :</b>		
On Securities	14,569,884	
On Loans		
On Bank Accounts	241,747	14,811,631
<b>By Dividend :-On Mutual Fund</b>		
<b>By Donation in cash or kind :-</b>	Annexure "I"	57,078,206
<b>By Grants :-</b>		
<b>By Income from other sources (in details as far as possible)</b>	Annexure "J"	21,881,210
<b>By Transfer from Reserves</b>		-
<b>By Profit on Sale on Mutual Fund</b>		-
<b>By Deficit carried over to Balance Sheet</b>		-
<b>TOTAL</b>		<b>93,771,047</b>

Sd/-  
**Shriram S. Dandekar**  
Working President

Sd/-  
**Satish V. Jeurkar**  
Treasurer

Sd/-  
**Avinash A. Khare**  
Hon. Secretary



**NANA PALKAR SMRUTI SAMITI, MUMBAI**

Reg. No. F- 2874(Mumbai)

**ANNEXURE ATTACHED TO AUDITED STATEMENTS  
FOR THE YEAR ENDING 31<sup>ST</sup> MARCH, 2020**

<b>ANNEXURE 'A' - DETAILS OF OTHER EARMARKED FUNDS :</b>	Amount	Amount
<b>BUILDING FUND :</b>		
Balance as per last B/Sheet	19,621,325	
Addition during the year	-	19,621,325
<b>CORPUS FUND U/S. 35AC OF I.T.ACT,1961 :</b>		97,100,000
Balance as per last B/Sheet		
<b>TOTAL</b>		<b>116,721,325</b>

<b>ANNEXURE 'B' - DETAILS OF LIABILITIES :</b>	Amount	Amount
<b>FOR EXPENSES</b>		<b>88,400</b>
Audit Fees Payable		
<b>Duties and Taxes</b>		
ESIC Payble	7,151	
Labour Welfare Fund	(12)	
Professional Tax Payble	33,575	
Provident Fund Payble	94,361	
TDS Payble	157,887	
Provisions	-	<b>292,962</b>
<b>FOR RENT AND OTHER DEPOSITS :</b>		
<b>Deposits from Patients</b>		
Advance Received For Dialysis	4,222,300	
Deposit Rugna Upyogi Vastu	2,345,490	<b>6,567,790</b>
<b>SUNDRY CREDITORS</b>		
For Expenses	2,576,351	
For Salary & Honorarium	358,905	<b>2,935,256</b>
<b>Liability For Sundry Credit Balances :</b>		
Medicine Bank Fund	127,841	
Rugna Sahyog Nidhi	9,600,773	
Karmachari Kalyan Nidhi	12,479	
Lithotripsy Machine Fund	3,500,000	<b>13,241,093</b>
<b>Provisions :</b>		
Provision Under Section 11(2) of Income Tax Act	12,500,000	<b>12,500,000</b>
<b>TOTAL</b>		<b>35,625,500</b>



## NANA PALKAR SMRUTI SAMITI

### NANA PALKAR SMRUTI SAMITI, MUMBAI

Reg. No. F- 2874(Mumbai)

#### ANNEXURE ATTACHED TO AUDITED STATEMENTS FOR THE YEAR ENDING 31<sup>ST</sup> MARCH, 2020

#### ANNEXURE 'C' - FIXED ASSETS

PARTICULARS	OPENING BALANCE AS ON 01.04.2019	DEDUCTIONS / DD. DURING THE YEAR	TOTAL AMOUNT	DEPRECIATION FOR THE YEAR	CLOSING BALANCE AS ON 31.03.2020
1. BUILDINGS	29,070,908	-	29,070,908	1,453,545	27,617,362
2. COMPUTER & PRINTERS	211,304	438,457	649,761	263,089	386,671
3. FURNITURE & Fixtures	2,243,966	58,920	2,302,886	229,092	2,073,794
4. MEDICAL EQUIPMENT	10,806,725	1,814,084	12,620,809	1,786,717	10,834,091
5. EQUIPMENT	2,700,381	115,947	2,816,328	419,112	2,397,217
6. VEHICLE	132,723	-	132,723	26,545	106,179
7. COMPUTER SOFTWARE	62,880	12,213	75,093	45,056	30,037
<b>TOTAL RS.</b>	<b>45,228,887</b>	<b>2,439,621</b>	<b>47,668,508</b>	<b>4,223,156</b>	<b>43,445,352</b>
PREVIOUS YEAR Rs.	40,744,869	8,632,742	49,377,611	4,148,724	45,228,887
CAPITAL WORK IN PROGRESS					
1. DIALYSIS CENTRE / NEW PREMISE UNDER CONSTRUCTION	-	55,216,811	55,216,811	-	55,216,811
<b>Total Rs.</b>	<b>-</b>	<b>55,216,811</b>	<b>55,216,811</b>	<b>-</b>	<b>55,216,811</b>
PREVIOUS YEAR Rs.	-	-	-	-	-



**NANA PALKAR SMRUTI SAMITI, MUMBAI**

Reg. No. F- 2874(Mumbai)

**ANNEXURE ATTACHED TO AUDITED STATEMENTS  
FOR THE YEAR ENDING 31<sup>ST</sup> MARCH, 2020**

<b>ANNEXURE 'D' - DETAILS OF INVESTMENTS</b>	Amount
<b>Bonds :</b>	
INDIAN RAILWAY FINANCE CORP. LTD.	650,000
SHCIL - 8% BONDS	59,538,000
HDFC BANK - 8% BONDS	12,100,000
<b>Fixed Deposits :</b>	
<b>A) With Nationalised Banks</b>	
Bank Of Baroda	18,041,066
Union bank	7,988,972
<b>B) With Private Banks</b>	
HDFC Bank	16,238,000
Gruh Finance LTD	6,000,000
<b>C) With Co-Operative Bank</b>	
Jankalyan Bank	748,310
Janseva Bank	1,138,847
Kalyan Janta Sahakari Bank	2,310,525
Thane Janta Sahakari Bank	893,123
Konkan Prant	41,306
Thane Gramin Bank	676,561
<b>Other Investment :</b>	
LIC HFL Public Deposit Account	10,000,000
MAHINDRA & MAHINDRA FINANCIAL SERV.	19,990,000
Recurring Deposit	48,972
<b>TOTAL</b>	<b>156,403,682</b>

<b>ANNEXURE 'E' - DETAILS OF ADVANCES TO OTHERS</b>	Amount
Deposit	1,246,108
Advance To Employees	15,000
Advance To Others	138,903
Receivable From Railway	776,532
TDS Receivable	2,227,983
Sundry Debtors	2,934,860
<b>TOTAL</b>	<b>7,339,386</b>



## NANA PALKAR SMRUTI SAMITI

### NANA PALKAR SMRUTI SAMITI, MUMBAI

Reg. No. F- 2874(Mumbai)

ANNEXURE ATTACHED TO AUDITED STATEMENTS  
FOR THE YEAR ENDING 31<sup>ST</sup> MARCH, 2020

<b>ANNEXURE 'F' - DETAILS OF S. B. ACCOUNTS WITH BANKS &amp; CASH</b>	Amount	Amount
<b>Balances With Bank :</b>		
Borivali	1,877,776	
GDC - Parel	32,693	
Santacruz	138,858	
Thane	1,313,601	
Main - Parel	1,756,213	
Tulsiani S. Laboratory	664,010	<b>5,783,151</b>
<b>CASH- IN- HAND</b>		
Borivali	18,804	
GDC - Parel	3,758	
Main - Parel	10,800	
Santacruz	48,667	
Thane	24,316	
Tulsiani S. Laboratory	11,725	<b>118,070</b>
<b>TOTAL</b>		<b>5,901,221</b>

<b>ANNEXURE 'G' - ESTABLISHMENT EXPENSES</b>	Amount
Cleaning Material Expenses	257,460
Conveyance Expenses	104,070
Security Expenses	774,670
<b>TOTAL</b>	<b>1,136,200</b>



**NANA PALKAR SMRUTI SAMITI, MUMBAI**

Reg. No. F- 2874(Mumbai)

**ANNEXURE ATTACHED TO AUDITED STATEMENTS  
FOR THE YEAR ENDING 31<sup>ST</sup> MARCH, 2020**

<b>ANNEXURE 'H' - EXPENDITURE ON OBJECTS OF TRUST</b>	Amount
Bank Charges	41,926
Salary	14,382,772
Consumable Material	14,763,756
Festival Expenses	385,553
Investigation Charges	3,497,372
Medical Expenses	14,898,403
Postage	66,896
Printing and Stationery	711,115
Service Contract Expenses	351,458
Staff Welfare	535,402
Sundry Expenses	1,848,995
Telephone Expenses	187,417
Transport Charges	79,300
Electricity Expenses	2,778,114
Washing Charges	100,025
Provident Fund - Employer Contribution	871,924
Professional Fees	7,979,879
<b>TOTAL</b>	<b>63,480,309</b>

<b>ANNEXURE 'I' - DONATIONS</b>	Amount
Donations in Cash or Kind	57,078,206
<b>TOTAL</b>	<b>57,078,206</b>

<b>ANNEXURE 'J' - DETAILS OF INCOME FROM OTHER SOURCES</b>	Amount
Income From Medical Services	8,990,643
Receipt of Investigation Fees	11,993,015
Miscellaneous Income	897,552
<b>TOTAL</b>	<b>21,881,210</b>



**NANA PALKAR SMRUTI SAMITI, MUMBAI**

Reg. No. F- 2874(Mumbai)

**ANNEXURE 'K'**

**ACCOUNTING POLICIES & NOTES TO ACCOUNTS  
FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2020**

**A) ACCOUNTING POLICIES: -**

**1. Basis of preparation of financial statements:**

The accompanying financial statements have been prepared under the historical cost convention, on accrual basis, in accordance with generally accepted accounting principles in India and the Accounting Standards issued by the Institute of Chartered Accountants of India and the relevant provisions of The Bombay Public Trusts Act, 1950.

**2. Use of Estimates:**

The preparation of the financial statements in conformity with the generally accepted accounting principles requires estimates and assumptions to be made that affect the reported amounts of assets and liabilities on the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Differences between actual results and estimates are recognized in the period in which the results are known/materialize.

**3. Investments:**

Investments, which are readily realizable and intended to be held for not more than one year are classified as Current Investments. All other Investments are recognized as Long Term Investments and are carried at Cost of Acquisition.

**4. Fixed Assets :**

Fixed Assets are carried at cost of acquisition or construction and they are stated at historical cost. Liability in respect of the assets acquired/construction completed during the year has been accrued in the books.

**5. Depreciation:**

Depreciation on fixed assets is provided using the WDV method, based on the rates specified by Income Tax Act.



**6. Inventory valuation:**

There are no inventories with the trust therefore the accounting policy for valuation of inventories is not applicable.

**7. Retirement benefits:**

Contributions payable to the Government Provident Fund are charged to revenue. As informed to the trust has no Post Employment Defined Retirement Plans and Terminations benefits provided to the employees.

Signatures to Annexure 'A' to 'K'

**For Vaishampayan & Associates**

Chartered Accountants

Sd/-

(Amit A. Vaishampayan)  
Partner

Membership No: 100629

FRN No: 111226W

UDIN No. 20100629AAAACF6884

**For Nana Palkar Smruti Samiti**

Sd/-

**Shriram S. Dandekar**  
Working President

Sd/-

**Satish V. Jeurkar**  
Treasurer

Sd/-

**Avinash A. Khare**  
Hon. Secretary

## Dialysis Machine Opening



Blue Cross Laboratories donated dialysis machine to NPSS. Shri B. G. Barve (Joint Managing Director) and Mahendra Phunwani (CEO) inaugurated dialysis machine in the presence of NPSS committee members



Smt. Suniti Marathe donated dialysis machine in memory of Late Dr. Ganesh Pandurang Sathe to NPSS. Smt. Suniti Marathe inaugurated dialysis machine in the presence of Dr. Hema K. and other NPSS committee members.

## LAB Machine Opening



New Laboratory Equipment donated by Smt. Swati Londhe, In memory of Late Shri. Purushottam Balkrishna Sahasrabudhe to NPSS. Smt. Swati Londhe inaugurated lab equipment in the presence of her family members and NPSS committee Members

## New Ambulance Service



Continuing its CSR activities Anuh Pharma Ltd. donated Ambulance to NPSS. Mr. Bipin Shah (Managing Director, Anuh Pharma Ltd.) flagged off the Ambulance in the presence of NPSS committee members.

*With Best Compliments From :*

# **ATLANTIC Bio Medical Pvt. Ltd.**

**(WHO - GMP Certified Company)**



101, Business Point, 349, Western Express Highway,  
Andheri (East) Mumbai - 400 069.



**FINANCIAL AID TO  
UNDER PRIVILEGED/POOR PATIENTS IS  
PROVIDED BY NANA PALKAR SMRUTI SAMITI**

**WITH FINANCIAL SUPPORT OF  
UTI Infrastructure Technology And Services Limited  
(A Government of India Company)**

**Serving Our Nation Always**

**[WWW.utiitsl.com](http://WWW.utiitsl.com)**



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**NSDL**

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LOAN

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LOAN

**9.00% p.a.**



SHOP LOAN

**9.00% p.a.**



2 WHEELER  
LOAN

**11.00% p.a.**



PERSONAL  
LOAN

**10.75% p.a.**



CONSUMER  
LOAN

**10.75% p.a.**



**NKGSB Bank**  
NKGSB Co-op. Bank Ltd.

(Multi-State Scheduled Bank)

**TO AVAIL THIS LOAN OFFER VISIT THE NEAREST BRANCH OR  
GIVE MISSED CALL ON **022-28602020****



# Keewel Health Care Pvt. Ltd.

email: [keewelhealthcare@gmail.com](mailto:keewelhealthcare@gmail.com)

**Leading Supplier of  
Dialysis center & Hospitals**

**Goregoan:-**

Unit no.22, Guru Gobind Singh Ind.Estate  
Jay coach,off Western Express highway,  
Goregaon (E)Mumbai -400064  
Ph.no.42665068 /9323468376

**Mulund:-**

Unit no.25, Raja Ind.Estate,  
P. K. Road, Mulund (west)  
Mumbai -400080  
Ph no: +9122- 62399693 /+91 9158088124.



# allwin lifecare

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## Allwin Lifecare

4, Damji Shamji Complex,  
Off mahakali Caves Road,  
Andheri (E.), Mumbai-400093.  
Ph. : +91-222687 5678 / 2687 5679  
Fax : 26875680  
Email : [info@allwinlifecare.com](mailto:info@allwinlifecare.com)  
Website : [www.allwinlifecare.com](http://www.allwinlifecare.com)

# Rugna Seva Din



NPSS celebrated Rugna Seva Din. On this occasion Shri. Natubhai Parekh, Shri. Suhas Kabare and Smt. Padmaja Kanitkar have been honored and felicitated. Dr. Ajay Chandanwale was the Chief Guest on the occasion in presence of Shri. Ravindra Karve and Shri Avinash Khare.



FINANCIAL AID TO  
UNDER PRIVILEGED/POOR PATIENTS IS  
PROVIDED BY



NANA PALKAR SMRUTI SAMITI



**Mahindra & Mahindra Ltd.**  
**Auto Farm Sector CSR**